

Hosted by Tennessee Department of Safety & Homeland Security, Tennessee Highway Patrol, Tennessee Bureau of Investigation, Alcohol Beverage Commission, Tennessee Wildlife Resources Agency & Tennessee State Parks

Law Enforcement Memorial 5K Run/Walk, Kid's Mile, Tot Trot And Family Picnic

**5K Run/Walk is Chip Timed by Run Nashville*

Tennessee Department of Safety Training Center
283 Stewarts Ferry Pike, Nashville
(Clover Bottom Complex)
Saturday, May 18, 2013

Race Times:

7 AM– Registration and Packet Pick Up
8 AM- 5K Run/Walk
9 AM- Kids 1 Mile
10 AM- 100 Yard Tot Trot
11 AM- Family Picnic

Entry Fee:

5K Walk Runners **\$30** (Ages 12 and up)
Kid's Mile **\$10** (Ages 6-11)
Tot Trot **\$5** (5 & Under)
*Family Cap **\$65**

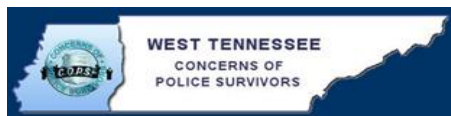
***Family Cap:** No more than 2 Adults and 3 Children

***Late Registration:** There will be a \$5 late fee on race day

***Entry Fee:** Includes t-shirt and plate lunch

All Proceeds Donated to COPS

(Concerns of Police Survivors)



Every year between 140 and 160 Law Enforcement Officers are killed in the line of duty. C.O.P.S. provides the resources to help families and co-workers deal with their loss. C.O.P.S. current membership consist of over 15,000 families. Programs that are included are National Police Survivors' Conference, scholarships, peer support at the national, state, and local levels, "C.O.P.S. Kids" counseling reimbursement program, the "C.O.P.S. Kids" Summer Camp, "C.O.P.S. Teens " Outward Bound experience for young adults, special retreats for spouses, parents, siblings, adult children, and in-laws, trial and parole support, and other assistance programs. All programs are funded by grants and donations.

Please join us as we remember fallen officers from Tennessee and raise money to help the families who have lost someone in the past.

There will be a 5K Run/Walk, Kid's One Mile, Tot Trot followed by a family picnic on-site. There will be many activities for children and adults to participate in throughout the day.

*Entry Fees are non-refundable.

*T-shirts will not be mailed.

*Please no Pets.

*Additional shirts may be purchased for \$7/ child and \$10/ adult. Additional lunches may also be purchased at \$5/ person.

*Rain or Shine

*Overall and Age Group Awards will be given

Official 5K Fun Run/Walk Registration Form

*Online Registration available at <http://lawenforcementmemorial2013.eventbrite.com>

Name(s) Of Participant(s):

Address_____

Telephone_____

Email_____

Entry For: _____ **\$30** 5K Walk/Run (Ages 12 and up)

_____ **\$10** Kid's Mile (Ages 6-11)

_____ **\$5** 100 Yard Tot Trot (5 & Under)

Adult Shirt Sizes _____S _____M _____L _____XL _____XXL

Youth Shirt Sizes _____S _____M _____L

Age at Race for 5K Participants _____ **if age is not provided, you will not be in an age category for awards*

Additional Meal Tickets requested _____ @ \$5 each

*If you reach the family cap, please indicate how many shirts and meal tickets you will need above.

Check #: _____ *payable to "Middle/East TN COPS "

Signature_____

Date_____

*Entry MUST BE SIGNED by runner or by parent or guardian if under 18.

Mail Registration and Payment to:

METN C.O.P.S.

P.O. Box 39

Woodlawn, TN 37191

Questions: Contact Race Director Stephanie Hitchcock by email at Stephanie.Hitchcock@tn.gov